January 2020 432-2021

## APOHAQUI ELEMENTARY NEWS

apohaqui.nbed.nb.ca

'Encouraging all members of our community to reach their full potential'



Anglophone South Website: <a href="http://web1.nbed.nb.ca/sites/ASD-S">http://web1.nbed.nb.ca/sites/ASD-S</a>

Snow line: 1-888-868-6555

7 27	<u>January</u> First Day of school for students K-8 – Professional Learning – no classes
	<u>_</u>
47	<u>February</u>
17	Family Day – No classes
	<u>March</u>
2-6	March Break
<u>April</u>	
3	No classes – Professional Learning
10	No classes – Good Friday
13	No Classes – Easter Monday
17	No Classes – Parent Teacher Conferences
May	
1	Provincial Council Day – No Classes
4	AEFNB/NBTA Annual Meeting – No
	Classes
18	Victoria Day – No Classes
	<u>June</u>
19	Last day of school

#### **AES Mitten Basket**

#### Donations gladly accepted!

The Mitten Basket is set up to provide extra mittens for students who find themselves in need. If you have gently worn mittens that your child has outgrown or you would like to donate a new pair, we would happily accept them.

Also, special thanks to Pearson Insurance for the donation of mitts and socks, and Mrs. Jean Kaye for the handmade mitts donated to our students!

Reading should not be presented to children as a chore or duty. It should be offered as a precious gift. - Kate DiCamillo

#### **Family Literacy Day**

#### January 27th is National Family Literacy Day

Family Literacy Day, a national awareness initiative created by ABC Life Literacy Canada, is a great reminder to take time to read daily or do a learning activity with your children. "Take 20 in 2020" - that is, take 20 minutes a day to make learning together part of their routine! Learning can happen anytime and anywhere and even 15 minutes a day can have a huge impact on your child's development. ABC Life Literacy Canada encourages Canadian families to have "15 Minutes of Fun" learning together.

Some of their suggestions are:

- Read a bedtime story to the grown-up putting you to bed
- Write a note to put into a grownup's lunchbag ask them to write back.
- 3. Make up a new recipe together and post it online.
- 4. Create a story with your family: take turns writing a sentence at a time and then read it aloud when you are done.
- Look up the words to your favourite song, and have a sing-off with your friends!
- 6. Write messages to your family on sticky notes and post them around the house.

For other suggestions visit their website at: http://abclifeliteracy.ca/fld/15-minutes-of-fun

#### Other suggestions:

- Encourage children to read words on TV, street signs, mugs and T-shirts.
- Pick a weekly/ biweekly day to make a trip to the library.
- Write a "hello" or thank you letter to a family member or friend.
- Create quiet and cozy reading spaces for your child to read independently.

#### Skating on February 14th

Our annual skating day at the 8th
Hussars will take place on Friday,
February 14th. This is a whole-school
activity and all students will be participating.
Students are required to have skates, helmets
(bicycle helmets will suffice), and mittens/gloves while on the ice.

Busses will transport students to the rink and return them to the school.

Skating times will be as follows:

Grades K-2 9:00-9:45

Grades 3-5 9:45-10:45

Parents are welcome to come to the rink to help out with skate tying and helping students on and off the ice. Unfortunately, younger siblings cannot attend this activity due to the fact that this time is provided to AES students only.

#### **The Heart Healthy Schools Initiative**

Heart Healthy Schools is an initiative of the Heart and Stroke Foundation of NB aimed at improving the school environment to support and promote healthy lifestyle choices, for children and youth.

Heart Healthy Schools provide a social and physical environment that supports and promotes the 5-2-1-0 message, namely:

- 5 fruit and vegetables each day
- Less than <u>2</u> hours of screen time each day
- <u>1</u> hour of physical activity or more each day
- <u>0</u> sugar sweetened beverages each day

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#### WELCOME TO KINDERGARTEN

Welcome to Kindergarten event will be held on Monday, February 3 at 6:00 p.m. Both children and parents will participate in learning centres related to school readiness skills, listen to stories, and meet the teacher. At the end of this event, each child will receive a "Welcome to Kindergarten" bag filled with materials to help prepare for kindergarten.

#### **Home & School Update**

Welcome back to a New Year! Hope your holidays were great.

We ended the year with a fantastic Christmas dinner - the children loved that day. We are very thankful for everyone who was able to volunteer their time.

The Christmas concert was great as per usual. The children did an amazing job.

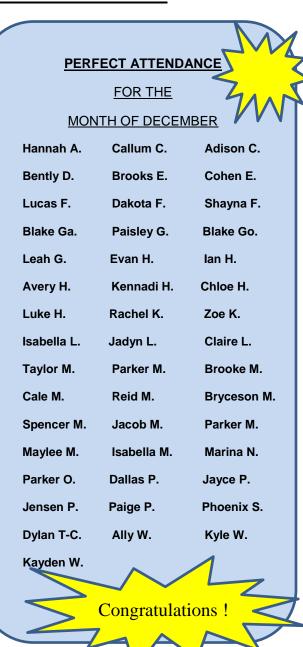
Thank you to everyone who donated gift cards & prizes. Thank you to all who gathered prizes, bought and sold tickets! Congratulations to our winners:

1st Gift Card Wreath: Carrie Cossaboom 2nd Welded Flower: Erin Hayes 3rd Dunlop Boots&JD Swag: Neil Sherwood 4th A Family Night Out: Carolyn McEwen 5th Cook-set & ECH swag: Bridgette McCrea 6th Case windshield washer& JD swag: Tia Wallace

Home & School appreciates the support our AES families show us each and every time!! We are excited for some fun activities coming in the New Year!

Our First meeting of the New Year will be held January 20 @ 7PM. All are welcome.

### **Attendance Matters!**



### New Brunswick Elementary Student Wellness Survey

The New Brunswick Elementary Student
Wellness Survey is a provincial initiative of the
Department of Social Development – Wellness
Branch, in partnership with the Department of
Education and Early Childhood Development
and the New Brunswick Health Council (NBHC).
It began in 2007-2008 and was repeated every
three years since. The survey gathers
information from students in grades 4 and 5
and parents/guardians of students in grades K
to 5. It surveys attitudes and behaviours
regarding healthy eating, mental fitness,
bullying, physical activity and tobacco use.

By taking the time to complete this survey, students and parents can contribute to their school's improvement plans and student wellness activities. Survey completion is voluntary and anonymous.

Next week, January 13<sup>th</sup>- 17<sup>th</sup>, our school will be participating in this survey, as we aim to improve the health and wellness of children in our community. Paper copies of these surveys will come home on Monday, please complete and return by Friday.

If you would like more information on the survey, please call the New Brunswick Health Council at 1-877-225-2521.

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**FEBRUARY HOT LUNCH** 

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# Student: \_\_\_\_\_ Gr \_\_\_\_ Milk Money 19 days X.45 = \$8.55Choc \_\_\_\_\_ White \_\_\_\_ Monday Hot Lunch (Chicken noodle soup & roll) 3 days X \$4.00 = \$12.00

Wednesday Hot Lunch (Mac and Cheese, Veggie sticks/dip)

4 days X \$4.10 = \$16.40

Friday Hot Lunch (Pizza and veggie sticks/dip)

4 days X \$3.00 = \$12.00

Total \$ Amount